



INFORMATION PACKET

JUNE 9-17, 2018





Maine Seacoast Mission
Lighting the Way by Land and Sea

November 29th, 2017

Dear Possibly Interested in Going on This Trip Teenager!

Are you ready to be forever changed as a person? Are you ready to step out of your comfort zones, embrace the awkwardness, be extremely flexible, and be pushed to your limits mentally, physically and spiritually? If you answered yes to all of these questions, then you are ready to embark on our 2018 SH Mission Trip.

This June a caravan of 70+ teenagers, 25+ adults, 7 passenger vans, 2 cargo vans, 1 support wagon and a TON of food and gear will be heading to New England for an epic week of serving Jesus. We will be working with the crew at Seacoast Mission – a local mission organization that has been serving this community for over a century.

It's hard to explain why these trips are so...awesome. You kind of just have to experience it. I don't know if it's the fact that we all are forced to do life together for a week or the sweat equity we all pour into helping the people in this community or maybe it's the crazy, off-the-wall games we play or the powerful worship services every night or maybe it's the incredible food we are fed all week long. I don't know what exactly it is, but somewhere in the midst of this week something magical, something spiritual and radical and unexplainable happens. The light bulb comes on, we realize our purpose for being in this place at this time and God starts changing our hearts and our souls and we leave forever changed.

You may have doubts and I get it. All I can tell you is to ask those who have gone before, take a risk, pack your bags and join us on this once-in-a-lifetime, award-winning, Trip Advisor recommended, FDA approved adventure. I have absolutely zero doubt that you will be blowing up your Instagram & Twitter feed with massive overloads of fun and awesomeness during and after this life-changing trip.

I want to thank you for even considering this trip. It takes courage to serve and it takes endurance and patience and determination to do it for an entire week in the middle of the summer. In this packet you will find everything you need to know to be a part of our team next summer. Don't delay in turning everything in before our February 1st deadline. We have limited space and those spots will fill extremely fast.

If you have any questions, I am always available and more than willing to talk to you about the trip and help you prepare for this experience. In the meantime I will be praying that you join our team and that this summer's trip will be as beneficial to you and your growth as a person as it is to the people of Maine.

All the Best,

Nate Taylor
Director of Youth Ministries, Avon Lake U.C.C.
440.503.2549
nate@avonlakeucc.org



AVON LAKE
United Church of Christ



2018 SH MISSION TRIP INFORMATION SHEET

It's SH Mission Trip time...already. We are excited to open registration for next summer's trip to Bar Harbor, ME with Seacoast Mission. This sheet is designed to provide you with a LOT of solid, helpful information that you need to know in order to participate in next summer's trip. **DON'T LOSE THIS PAPER.** Things change often and we do our best to keep you updated on any of those changes. Please be sure to read our weekly Waypoint Youth Ministries email for all the latest information on next summer's trip and follow us on social media @waypointym to stay as updated as possible.

WHERE ARE WE GOING?

We are going to be traveling to Bar Harbor, Maine to spend a week working with an organization called Seacoast Mission (www.seacoastmission.org). Since 1905 this organization has been serving and helping and caring for the people of this community. Bar Harbor is a well-known tourist destination, but the need outside of this community is great. We will be working on wheelchair ramps, siding projects, painting jobs and other home rehabilitation and improvement projects. Seacoast Mission rehabilitates or rebuilds 20 houses every single year.

WHAT WILL WE BE DOING?

We will be doing all sorts of construction work – big and small to help those in this community. It could be anything from framing to painting, siding to roofing, laying carpet, installing windows, removing debris, fixing, tweaking, building, dismantling, creating and so much more. You will be challenged and if you've never touched a hammer in your life...don't worry – we have something for everyone.

WILL THERE BE ANYTHING FUN TO DO?

This trip is packed with FUN. Top to bottom. Besides the Cavs battling for an NBA title, there will be more fun than you know what to do with. We believe that serving others is allowed to be enjoyable. Our goal is to provide an element of fun in everything we do from the van ride to the music we play at meals, to the games we play, to the way our leaders interact and of course all of the unforeseen really, really funny, snapchat worthy hilarity that always ensues. On top of all of this we have some other things planned like a whale watching trip, catching the sunset on Cadillac Mountain and enjoying the beauty of Acadia National Park and the coast of Maine.

WHO CAN GO ON THE TRIP?

Our Sr. High Mission Trip at Avon Lake U.C.C. is open to all youth currently in grades 9-12. YES, you can bring a friend. You do NOT have to be a member of our church to attend this trip or a member of any church.

WHEN IS THE TRIP?

The trip is scheduled for Saturday, June 9th, 2018 to Sunday, June 17th, 2018. We will leave at 9:00AM on Saturday and return around 4:00PM on Sunday.

HOW MUCH WILL THE TRIP COST?

This year's trip will cost \$350.00 per person for ALUCC members. For non-members the trip will cost \$450.00. This includes travel, lodging, t-shirt, whale watching tour, construction materials, tools, equipment and food. Meals during travel, souvenirs and similar items are additional expenses for each participant. We have scholarships and financial aid available for ANYONE who cannot afford the cost of our trip. A \$100, non-refundable deposit is due by February 1st, 2018 to secure your spot. All balances must be paid in FULL by May 1, 2018. Checks may be made payable to *Avon Lake United Church of Christ*. DO NOT let cost affect your decision to go on this trip or not. If you are concerned about the cost, please contact Nate privately and we can discuss your concerns.

HOW WILL WE GET THERE?

We will be traveling to Maine via 15 passenger vans.

WHAT WILL WE DO FOR FOOD?

While we are in Maine we will be responsible for the purchasing, preparation, cooking and cleaning of our breakfast, lunch and dinner each day. Katie Schulz will be heading up the ALUCC Food Crew. This team of adults from our church will be traveling with us all week and preparing our meals every day. Two things I can guarantee – you will not go hungry and you will be amazed at the talents of our Food Crew. Meals on the road will consist of your favorite fast food fare.

WHO WILL CHAPERON THE TRIP?

Our trip to Bar Harbor, Maine will be fully chaperoned by members of our ALUCC Adult Volunteer Team, other parents of youth going on the trip and myself. All adults interested in going on this year's trip must inform me of their interest by January 1st. Anyone who has not attended an ALUCC Youth Ministries Mission Trip in the past must complete an Adult Leadership Team Interest Form by January 1st. All chaperon spots will be filled based on need, skills and the number of students signed up to go on this year's trip. You will be informed by early January if you have been selected to attend this year's trip.

PAPERWORK:

NEW for 2018 – we have moved all of our forms ONLINE. You must have the following forms completed to participate:
___ 2018 ALUCC SH Mission Trip Application & Questionnaire Form: <https://avonlakeucc.breezechms.com/form/bff1ea>
___ 2017-2018 ALUCC Registration & Waiver/Release Form: <https://avonlakeucc.breezechms.com/form/4221be>
___ 2017-2018 ALUCC Emergency Consent Form: <https://avonlakeucc.breezechms.com/form/be828b>
___ Seacoast Mission Volunteer Liability Form (IN THIS PACKET)
___ Seacoast Mission Volunteer Permission Form (IN THIS PACKET)

WHAT ABOUT FUNDRAISING?

At this point we are estimating that a trip of this size is going to cost us approximately \$65,000. With your registration costs we are still left with nearly \$30,000 to make up. In order to make up this gap we utilize a number of avenues. The Missions Team at Avon Lake U.C.C. supports us immensely every year and we have three fundraisers that require EVERYONE's help and participation:

EVENT: Buffalo Wild Wings Fundraiser

WHEN: Spring 2017

HELP NEEDED: Tell every single human you know to eat-in or carry out at Buffalo Wild Wings in Avon Lake on this day, all day, three times a day. THEY MUST PRESENT one of coupons (coming soon) at the time of ordering to ensure we credit for their meal. We will receive 20% of the total. Super easy. Super awesome.

EVENT: 10th Annual Cabin Fever Corn Hole Tournament

WHEN: Saturday, March 17th, 2018

HELP NEEDED: Everyone going on the trip is required to sign-up (2) teams for the tournament. The cost for a team to participate in the tournament is \$40. For every team that one does NOT sign-up, they will owe an additional \$80 to go on the Mission Trip. If you are not playing in the tournament, you will be asked to volunteer for a shift at the tournament, donate silent auction items or concession goods or help with the set-up and tear down of the event. This is our biggest fundraiser we do every year and it requires all hands on deck.

EVENT: Valet Car Wash

WHEN: Sunday, May 20th, 2018 8AM - 12PM

HELP NEEDED: This one day fundraiser usually nets us close to \$1,200. Church members arrive for church, leave us their keys at the front door, adults move the cars to the washing stations and when church is over, church members pick up their keys, make a donation and enjoy their clean car. It's simple, it's easy and it requires everyone's help. We will have two shifts for people to help out during this fundraiser.

It is IMPERATIVE that everyone gets involved and lends a hand in our fundraising efforts. It is NOT just about raising the money, it's about working together, getting to know the rest of the people going on the trip and developing into a team.

ARE THERE ANY MEETINGS OR EVENTS I WILL NEED TO ATTEND BEFORE THE TRIP?

I am so glad you asked! Below you will find a list of all the MANDATORY dates that you need to attend in order to participate in our trip next summer. We have implemented an attendance policy for our SH Summer Mission Trip. Everyone is required to:

- A) Attend and participate in all of our mandatory meetings and events or
 B) If you are going to miss ANY of the mandatory dates for ANY reason, make-up the missed mandatory date by volunteering at the church. For each missed mandatory event, a student is required to make up 2 hours of volunteer work at any of a number of church related opportunities.

See opportunities listed below. When you complete your make-up work, you must fill out a Mission Trip Make-Up Work Form, have it signed by the work supervisor and turn it in to Nate BEFORE June 1st. These forms are available at church and online. Anyone who fails to make-up their missed mandatory events by June 1st will NOT be permitted to attend our SH Summer Mission Trip and will forfeit their deposit.

ACCEPTABLE MAKE-UP WORK OPPORTUNITIES:

- Thrift Shop - located at 32087 Electric Blvd. 440.933.8627 *open six days a week 440.933.8627
- Saturday Morning Work Crew - 8:30AM - 12:00PM every Saturday at the church
- SH Mission Trip prep work - as needed. See Nate.
- Buoy work - as needed. See Nate.

MANDATORY DATES:

- Saturday, March 17th, 2018 10th Annual Cabin Fever Cornhole Tournament
- CHOOSE ONE OF THE FOLLOWING:
 - Saturday, April 21st, 2018 Church Yard Clean-Up 8AM – 12PM
 - Sunday, May 20th, 2018 Car Wash 8AM-12PM
 - Wednesday, May 23rd, 2018 TEAM MEETING 8PM
- Skill Sessions (MUST ATTEND AT LEAST ONE if you have NEVER attended an ALUCC SH Mission Trip)
 - Saturday, April 14th, 2018 9AM-11AM
 - Saturday, May 5th, 2018 9AM-11AM
- Trip Commissioning Service – Sunday, June 3rd, 2018 @ 10AM
- Post-Trip FAMILY REUNION & Worship Planning – Monday, July 9th, 2018 @ 6PM
- 2017 Mission Trip Worship Service – Sunday, July 15th, 2018 @ 10AM

*All dates are tentative and subject to change

HIGHLY SUGGESTED DATES:

- SH Youth Group – Wednesdays 6:30PM – 8:00PM in the Buoy
- Sunday Morning Worship – 9AM or 11AM in the Sanctuary

WHAT DO I NEED TO DO TO GO ON THE TRIP?

There a number of things you need to do to go on this summer's trip. The first and most important is to pray about this opportunity. Are you ready and willing to serve God and the people in Maine? Next you will need to do the following:

1. Complete a 2018 ALUCC Sr. High Mission Trip Registration Form ONLINE: <https://avonlakeucc.breezechms.com/form/bff1ea>
2. Complete a 2017-2018 ALUCC Waiver/Release Form ONLINE: <https://avonlakeucc.breezechms.com/form/be828b>
3. Complete a 2017-2018 ALUCC SH Mission Trip Medication Form ONLINE: <https://avonlakeucc.breezechms.com/form/4221be>
4. Fill out Seacoast Mission Volunteer Liability Form (IN THIS PACKET)
5. Fill out Seacoast Mission Volunteer Permission Form (IN THIS PACKET)
6. Turn in your \$100, non-refundable deposit by February 1st, 2018
7. Sign-up a minimum of 2 teams for our Cabin Fever Corn Hole Tournament
8. Volunteer at all of our fundraisers.
9. Put the entire list of MANDATORY dates on your calendar and don't overbook yourself
10. Attend church and Sr. High on a regular basis
11. Attend ALL of the MANDATORY meetings and/or fundraising events

We are so excited to have you join us on this adventure next summer. It will be life-changing, inspiring, transformational and a realllllly, realllllly good time.

If you have any questions between now and June, please don't hesitate to contact me at nate@avonlakeucc.org or 440.503.2549. Please read our weekly youth ministries email that will have a special section for SH Mission Trip Updates. There will be lots and lots of things you need to know before we get out of here. Be on the lookout and start getting ready. This will be the #bestweekever.

Eager to Serve,
 Nate

MISSION TRIPS

YOUTH MINISTRIES

2018 SH MISSION TRIP PACKING LIST

We have put this packing list together as a recommendation for what you will need to ensure that you have a great week. Please read through this carefully.

WORK BOOTS: An absolute MUST! No tennis shoes will be permitted on the worksites. The worksites can be very muddy and may be dangerous if proper foot attire is not being worn.

APPROPRIATE CLOTHING: Construction work has a potential for danger and all workers need to be clothed properly. Volunteers must wear field suitable clothing (long pants, t-shirt or work shirt, and work boots. UNSAFE clothing in our typical worksite includes shorts, athletic pants, capri pants, tank tops, tube tops, halter tops, sandals, etc.). 5,6 work shirts and 2,3 pairs of work pants/jeans should be plenty. Don't forget good work socks. Tank tops...ladies – lasagna strap, guys – the sides of your shirt must be in tact.

TOOLS: If you bring tools (it is not necessary that you do), please mark them with your identification. Seacoast Mission cannot accept responsibility for your own tools.

WORK GLOVES
WATER BOTTLE – A MUST!
SUNGLASSES
SUNSCREEN
RAIN COAT (we work in all weather)
TOWEL(s)

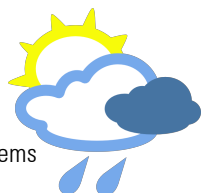
TOILETRIES & PERSONAL HYGIENE ITEMS
DEODORANT – Avon Lake U.C.C. Mission Trip Law Section 3-D4368
SLEEPING BAG, PILLOW, TWIN SHEET
CHANGES OF CLOTHING FOR EVENINGS (shorts, tshirts, sandals, tennis shoes)
SWEATSHIRT or LIGHT JACKET (It's Maine. Early June. Just sayin...)
TENNIS SHOES
SANDALS
GUITAR OR OTHER MUSIC INSTRUMENTS (drum sets, tubas excluded...sorry!)
INSECT REPELLENT
HAND SANITIZER
SPORTS EQUIPMENT (baseball glove, lacrosse stick) *at own risk
BIBLE
BOOK
iPod, MP3 Player (not permitted on jobsite)
CAMERA
SPENDING MONEY (you will be responsible for some meals during travel and any souvenirs)
SWIMWEAR (parents we are trusting your judgement. Modesty & appropriateness is the goal)

**PLEASE PACK LIGHT!
WE HAVE VERY
LIMITED SPACE!**

WHAT NOT TO BRING:

Live Animals
Weapons of Any Kind
Illegal Drugs, Alcohol or any controlled substances
Bad Attitude
Jet Skis
Any hope of winning the ping pong tournament

NOTE: Per my policy, I will not comment on possible weather conditions, temperatures, traditional June weather, fronts, systems or any other form of meteorology. For your assistance I recommend www.weather.com or www.weatherbug.com.



AVON LAKE U.C.C.

MISSION TRIPS

YOUTH MINISTRIES

2018 SH MISSION TRIP ITINERARY

SATURDAY, JUNE 9TH, 2018

8:00AM Check-in (Buoy)
9:00AM Orientation/Last Minute Questions/Prayer
9:15AM Depart Avon Lake, OH
7:00PM Arrive in Saratoga Springs, NY @ 7PM
Pizza Dinner
Icebreakers & Orientation
8:30PM FREE TIME
9:30PM Worship
10:30PM Small Groups
11:30PM Lights OUT

SUNDAY, JUNE 10TH, 2018

7:00AM Wake-Up
7:30AM Breakfast
8:00AM Depart Saratoga Springs, NY
5:30PM Arrive at Seacoast Mission – Bar Harbor, ME
7:30PM Dinner
Orientation
8:30PM FREE TIME
9:30PM Worship
10:30PM Small Groups
11:30PM Lights OUT

MONDAY, JUNE 11TH, 2018

THEME: FUNNY SHIRT DAY

6:30AM Wake-UP Call
7:00AM Breakfast, Make Lunches, Fill Water Jugs
7:30AM Depart for Job Sites
8:00AM Begin day of serving Jesus
5:00PM Finish day of serving Jesus (this time could vary...remember – Flexibility!)
5:30PM Arrive back from jobsites, 2 Minutes Showers
6:30PM Dinner
7:30PM FREE TIME
8:00PM Worship
9:00PM Small Groups
9:30PM NBA Finals Viewing Party or Karaoke Night
11:00PM Lights Out

TUESDAY, JUNE 12TH, 2018

THEME: CLEVELAND BROWNS BACKERS DAY

6:30AM Wake-UP Call
7:00AM Breakfast, Make Lunches, Fill Water Jugs
7:30AM Depart for Job Sites
8:00AM Begin day of serving Jesus
5:00PM Finish day of serving Jesus (this time could vary...remember – Flexibility!)
5:30PM Arrive back from jobsites, 2 Minutes Showers
6:30PM Dinner
7:30PM FREE TIME
9:00PM Worship
10:00PM Small Groups
11:00PM Lights Out

WEDNESDAY, JUNE 13TH, 2018

THEME: RED, WHITE & BLUE DAY

6:30AM Wake-UP Call
7:00AM Breakfast, Make Lunches, Fill Water Jugs
7:30AM Depart for Job Sites

8:00AM Begin day of serving Jesus
 11:30AM Finish day of serving Jesus (this time could vary...remember – Flexibility!)
 12:00PM Arrive back from jobsites, 2 Minutes Showers
 12:30PM Depart for Whale Watching Tour
 Drive through Acadia National Park
 5:00PM Arrive back at Seacoast Mission
 6:00PM Dinner
 7:30PM Depart for sunset at Cadillac Mountain
 10:00PM Worship
 11:00PM Small Groups
 11:30PM Lights Out

THURSDAY, JUNE 14TH, 2018

THEME: THROWBACK THURSDAY DAY

6:30AM Wake-UP Call
 7:00AM Breakfast, Make Lunches, Fill Water Jugs
 7:30AM Depart for Job Sites
 8:00AM Begin day of serving Jesus
 5:00PM Finish day of serving Jesus (this time could vary...remember – Flexibility!)
 5:30PM Arrive back from jobsites, 2 Minutes Showers
 6:30PM Dinner
 7:30PM FREE TIME
 8:00PM Worship
 9:00PM Small Groups
 9:30PM NBA Finals Viewing Party and Art Studio
 11:00PM Lights Out

FRIDAY, JUNE 15TH, 2018

THEME: MISSION TRIP SHIRT DAY

6:30AM Wake-UP Call
 7:00AM Breakfast, Make Lunches, Fill Water Jugs
 7:30AM Depart for Job Sites
 8:00AM Begin day of serving Jesus
 5:00PM Finish day of serving Jesus (this time could vary...remember – Flexibility!)
 5:30PM Arrive back from job sites, 2 Minutes Showers
 6:30PM Dinner
 7:30PM FREE TIME
 9:00PM Worship
 10:30PM Small Groups
 11:30PM Lights Out

SATURDAY JUNE 16TH, 2018

8:00AM Wake-UP Call
 8:30AM Breakfast, Clean & Pack-UP
 10:00AM Depart Bar Harbor, ME
 7:00PM Arrive in Saratoga Springs, NY
 Dinner
 Free Time
 Worship
 11:30PM Lights Out

SATURDAY JUNE 17TH, 2018

7:00AM Wake-Up Call
 Breakfast on the road
 8:00AM Depart Saratoga Springs, NY
 5:00PM Arrive in Avon Lake, OH

CONTACT INFORMATION:

Presbyterian New England Church
 24 Circular St.
 Saratoga Springs, NY 12866
 518.584.6091
 pnechurch.org
 CONTACT: Rev. Annie Reilly

Maine Seacoast Mission
 127 West St.
 Bar Harbor, ME 04609
 207.288.5097
 seacoastmission.org
 CONTACT: Scott Shaw

Avon Lake U.C.C.
 32801 Electric Blvd.
 Avon Lake, OH 44012
 440.933.3241
 avonlakeucc.org
 CONTACT: Nate Taylor

MISSION TRIPS

YOUTH MINISTRIES

2018 SH MISSION TRIP GOALS & COVENANT

GOALS:

1. Grow – Our hope is that over the course of this trip you will be able to grow as a person and as a Christian. We hope that this trip will provide you with more clarity on this thing we call life and how you are a vital part of the picture and how you fit into God's big, awesome design.
2. Serve – This is not a vacation. Our number one priority while we are here is to help the people of Bar Harbor, ME in any way we possibly can. This requires a change in mindset and a realization that first and foremost we are here to serve and secondly to have a ridiculously good time.
3. Connect – There are 100 of us from our church here this week. One of our goals is that each of you would be able to connect with others from our church, that you would step out of your comfort zones to make some new friends and that you would develop a network of connections of other awesome people who enjoy serving Jesus.
4. Seek – Each and every night we are going to provide you with a chance to participate in a worship experience. During this dedicated time, when we pray before meals, when we pray at the start of a new workday and countless other times during the week we hope that you will make it a point to thank God for making all of this possible.
5. Have Fun – Finally we want to destroy the stereotype that serving Jesus and having fun are two completely different things. We hope that you will make a point to laugh a lot, to sing, to whistle while you work and enjoy yourselves and your time in Maine immensely. We take pride in ensuring that among the very few things we can guarantee, you having fun is one of the most important.

COVENANT:

1. I will respect everyone and everyone's belongings. I will respect their views, their privacy, their space and their right to be here.
2. I will refrain from using any drugs, alcohol or illegal substances.
3. I will not use undesirable or foul language.
4. I will respect the places we visit and leave them in better shape than they were when I arrived.
5. I will be respectful of the people we meet, their way of life and their beliefs.
6. I will make time daily for God.
7. I will participate in all activities, work projects and daily chores.
8. I will use discretion and common sense in my attire. I understand that shirts must be worn at all times. I will refrain from wearing clothing that expresses alcohol/beer slogans or obscenities.
9. I will avoid gossiping, criticizing or starting rumors.
10. I will not engage in gambling, betting or wagering on anything throughout the duration of the trip.
11. I understand that on a trip like this, things can change often. I will be flexible, understanding and willing to "go with the flow." TM Semper Gumby.
12. I will do my best to represent myself, my church, my community, my family and Jesus in the best way possible.
13. I will be aware of our schedule and will be on time.
14. I will have a large, ridiculous amount of fun!
15. I will do everything possible to attend all meetings, fundraisers and other events required for my participation in this trip.
16. I understand that failure to comply with this covenant will result in disciplinary action that does not exclude being sent home from the trip at my own expense.

MISSION TRIPS

YOUTH MINISTRIES

2018 SH Mission Trip PREPARING TO SERVE & DAILY THEMES

#1 – Rest – There is nothing more important than taking care of your body. Staying out until 4AM the night before the trip is the exact opposite of rest. I know you think you need to get just one more game in on your Xbox Live, but your international posse of gaming buddies will still be there in a week. Turn off the games and get some rest.

#2 – Research – Take a few moments to Google Maine Seacoast Mission and the impact they have had on their community for over a century. Familiarize yourself with the region of the country we are going to be serving. Contrary to popular belief not everyone in Maine owns a boat, eats only lobster and loves Tom Brady.

#3 – Be Fat – Faithful. Available. Teachable. Come to this trip willing to serve and willing to do whatever we need you to do and willing to learn. Having an open heart and desire to serve in whatever way you can will make your experience better and will make the people we are serving feel more comfortable. I hate painting. Hate it. But if we are asked to paint, you won't find a happier painter in the state of Maine.

#4 – Be there – I know that there may be some major drama developing back in Avon Lake while you're gone. So and so drove so and so's dad's car in their pool at their graduation party. Believe me people will still be talking about it when you get back. There is a time to be online and there is a time to be offline. Prepare your soul to be without social media for large chunks of time for several days in a row.

#5 – Embrace the Awkwardness – We are going to completely remove you from your comfort zones and drop you in the middle of a new town, with a lot of people you probably don't know all that well and we are going to ask you to do life together for a week. We are going to challenge you to be a family. Families don't always agree and families have their share of awkwardness so I challenge you to embrace it. Someone is going to fart in your van and someone is going to say something really strange... embrace the awkwardness!

#6 – Develop Empathy – Many of the people you are going to meet in Maine have never had 92% of the things you have in your home... You lauding on and on about how much you miss your bed or your air conditioning or your friends or your Xbox... just don't. You sound insensitive. These people dream of the same things except they don't get them back in a week. Life has dealt them a rough hand and we can't begin to imagine what living with that hand truly feels like.

#7 – Open your Ears – Teenagers have an incredible ability to just completely tune out. I mean 100% transport themselves mentally to the farthest reaches of the galaxy. You can look a teenager right in the eyeballs and say "we are going to eat at 6PM" and not even a nano-second later they will turn to you completely unaware of what just transpired and ask you "what time are we having dinner?" It's incredible. We will be dumping lots of information on your brains every day and it's critical that you are able to process it all and on the work sites it's so much more important for the safety of you and everyone you are working with.

#8 – Stretch – Not a good stretch like before or after you go for a run. I'm talking a mental stretch. How many of you hate change? Just absolutely despise anything dealing with change? You need to start stretching now. Mission trips are full of surprises, unplanned events, changes and organized chaos. If there is nothing else that you may do before we leave June 9th, STRETCH. I am telling you that your ability to be flexible will make your experience that much more enjoyable.

DAILY THEMES:

MONDAY - Funny Shirt Day
TUESDAY – Red, White & Blue Day
WEDNESDAY – Cleveland Day
THURSDAY – Throwback Thursday
FRIDAY – Mission Trip Shirt Day



Maine Seacoast Mission

Maine Seacoast Mission Housing Repair Program Permission Form 2017-18

Name of Participant: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Email address: _____

Participating with (name of church or group): _____ City: _____ State: _____

Group Leader(s)'s Name(s): _____

- Yes, I would like to receive updates from the Maine Seacoast Mission by mail
- Yes, I would like to receive updates from the Maine Seacoast Mission by email

Permission for minor? to Participate and Volunteer:

I, _____ (printed name of participant, parent or legal guardian), give

_____ (printed name of participant) permission to volunteer with the
Maine Seacoast Mission.

In case of emergency, the Volunteer Group Leader should contact

Name: _____ Phone: _____.

Photo and Media Release

I do ___ / do not ___ grant permission to the Maine Seacoast Mission (hereinafter referred to as "Mission") and its agents and employees to use photographs or videos taken of me for use on the Mission's web site, social media, and publications, including annual reports, newsletters, brochures, and such other publications that describe the Mission's charitable work and encourage people to support the work with donations. In addition, I agree to allow the Mission to use my photograph in press releases and news stories related to its work and to provide it to reputable newspapers and magazines that are preparing stories on the work of the Mission.

I hereby waive any right to inspect or approve the finished photographs.

I am 18 years of age or older and I am competent to execute this release in my own name. I have read the release before signing below, and I fully understand the contents, meaning, and impact of this release.

Name (please print): _____

Signature: _____ Date: _____

Signature of parent or guardian, if under 18 years of age: _____

Name of parent or guardian: _____ Relationship: _____



**RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK
AND INDEMNITY AGREEMENT**

I _____ enter into this Release and Waiver of Liability, Assumption of Risk and Indemnity Agreement with the **Maine Seacoast Mission** ("Seacoast Mission"). I hereby certify that I am of legal age and that I wish to participate as a volunteer at the Seacoast Mission. In consideration of such participation, I agree to the following:

1. Release and Waiver of Liability: I, for myself, my heirs, personal representatives or assigns do hereby specifically release, waive, discharge and covenant not to sue the Seacoast Mission, its officers, employees, staff, agents and representatives for any and all claims that might be asserted for personal injury, accident or illness, death, or property damage caused by my participation as a volunteer.

2. Assumption of Risk: I acknowledge that participation as a volunteer carries with it certain inherent risks, including the risk of personal injury, accident or illness, death or property damage. I further acknowledge that these inherent risks cannot be eliminated even in the exercise of due care. I hereby assert that my participation is voluntary and that I knowingly assume all such risks.

3. Indemnity: I for myself, my heirs, personal representative or assigns agree to indemnify and hold harmless the Seacoast Mission its officers, employees, staff, agents and representatives from any and all claims, actions, lawsuits, damages, demands, debts, liabilities, costs, fees and expenses of any kind whatsoever including attorneys' fees, which the Seacoast Mission may become liable to pay or defend due to bodily injury or property damage caused by my acts or omissions.

I HAVE READ THE FOREGOING RELEASE, ASSUMPTION OF RISK AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT AND FULLY UNDERSTAND ITS TERMS. I FURTHER UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND INTEND MY SIGNATURE TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY SET FORTH HEREIN TO THE GREATEST EXTENT ALLOWED BY LAW.

Signature _____ Date _____

Signature of parent or guardian if volunteer is under 18 years of age:

Relationship to volunteer _____ Date _____